





# TRAUMA AND HARDSHIP CHANGES FAMILIES

From the beginning of our organization, the mission was and continues to be - helping families stay and heal together. Our execution has grown and evolved, but the goal has always been to bring wrap-around services to every member of the family, allowing hope, healing and family support. Which in turn will limit burnout and secondary traumatic stress in caregivers, while also decreasing the use of hospitals, residential facilities and group homes for youth with a traumatic past. However, the burden should not just be on one family or one organization. It should be on us as a community. We, as a beautiful, diverse and resourced community, should be willing to not only contribute to the cause, but to be willing to listen and sit with those in this place.

Together we can turn hopeless into hope.







### WHO WE ARE

We are a faith-based, family-centered support and advocacy organization that provides rest, support, connection, healing, and hope to foster, adoptive, and special needs families. Reclaimed Hope Initiative is a place for all families walking through trauma, crisis and hardship offering a safe haven to be seen, heard, and cared for through the darkest moments.

Our goal has never been to reinvent the wheel, but to see the gaps in this community and meet people where they are. To show up vulnerably and authentically; reminding families they are validated in all the beauty and brokenness this journey brings.











## MISSION

To empower and strengthen foster, adoptive, and special needs families to thrive.

# VISION

To provide a safe environment where families can heal through hardship.

### VALUES

Resilience, Empathy, Inclusion, Growth, Advocacy





- 25 VOLUNTEERS UTILIZED
- CAREGIVERS UTILIZED
- NEW LOCAL PARTNERSHIPS
- NEW PROGRAMS LAUNCHED FOR FAMILIES
- EMPLOYEE HIRED (WELCOME TAYLOR ROLT!)

\$65,000 \$50,000

raised at our

MAKERS FOR HOPE FUNDRAISER

in grants RECEIVED FOR OUR PROGRAMMING

100% OF OUR DONATIONS WENT TO PROGRAMMING COSTS







# PROGRAM HIGHLIGHT: THRIVE

MEALS SERVED THROUGH LOCAL PARTNERSHIPS WITH LEGACIEATS

45 SUPPORT GROUPS HELD

35 FOSTER/ADOPTIVE FAMILIES SUPPORTED

30 SPECIAL NEEDS FAMILIES SUPPORTED

25 IEP CONSULTATIONS

PARENT'S NIGHT OUT RESPITE NIGHTS

















# PROGRAM HIGHLIGHT: CAMP HOPE

35 CHILDREN SERVED

WEEKS OF CAMP

\$25,000
RECEIVED IN

GRANTS

PARTNERED WITH CHARLOTTESVILLE WALDORF SCHOOL











# Camp Hope was the absolute best thing we could have done for our son this summer.

He was a different kid, in all the best ways, at the end of his five weeks there. We sent him with the hopes of encouraging independence and self-confidence, and the gains he made in both areas are just astounding. Jack knows his brain and body work differently than other kids' sometimes, but he's learned to mask his

challenges very well. Preschool had become draining for him because he used so much energy trying to fit the picture of how he knew he "should" be. He didn't look forward to it, his anxiety was increasing significantly and he wasn't forming healthy peer relationships. Camp. Changed. EVERYTHING. I truly believe the simple freedom to just be himself and feel validated in that was a huge catalyst to his growth. He wasn't the odd one out anymore, and that ultimately led him to test the waters of being a leader and role model. He communicated his feelings to us more clearly, he was forming great friendships, and he showed sensitivity and compassion for other kids with different challenges. The staff was wonderful, he had positive things to say about everyone. As a parent, I knew my child was in good hands when I left him in the morning, and I knew he'd be happily exhausted when I picked him up



in the afternoon. I only wish I could have been a fly on the wall some days to really see what transpired!! This morning we sent him off to Kindergarten knowing he is confident and values himself as an individual. I cannot thank everyone at Camp Hope enough for everything they did for our son. He's already asking when he can go back next summer!

- Gemma Furman





# PROGRAM HIGHLIGHT: RACIAL ADVOCACY AND MENTORSHIP PROGRAM (RAMP)

6

MENTEES
LAUNCHED IN OUR
PILOT PROGRAM

\$5,000

RECEIVED IN GRANTS

PARTNERED WITH LOVE NO EGO TO BEGIN A COLLABORATIVE MENTORSHIP PROGRAM

EDUCATIONAL SERIES FOR PARENTS TO COME IN 2022!









# As a single white woman raising a biracial child, RAMP has been an essential resource for my family.

Without the lived experience of growing up as a black person in our culture, I'm limited in what I can offer my son to support his developing racial identity. Knowing it is important to provide him with racial mirrors and being able to do so are two very different things. We are lucky to live in a diverse community in which my son has classmates that look like him. But I've still had to step out of my comfort zone as an introvert who does not easily make friends to seek out more black and multiracial adults to include in our lives. Even

that is not enough to allay the fears I have about how to help my son emotionally prepare for the racism he will face and the risks he will have to navigate as he grows from a lovable, sweet boy into a proud, strong brown man that many will see as a threat. This program provides my son with a same race/gender role model who can offer him some of what I can't. In less than a year, I've already seen that my son's mentor is helping him to identify what is real and important in his life and build the tools he needs to grow his confidence. His mentor introduces him to beautiful nature hikes and other outdoor activities in which they have the peace



and quiet to engage in conversations my son may not feel comfortable having with me. I am grateful Reclaimed Hope Initiative has offered the RAMP program and I believe it is an indispensable tool for transracial adoptive/foster families in our community.





### HOPE IN ACTION

We are a former foster family, now fost-adopt family. We moved to the Charlottesville area in autumn 2020. In our previous home on the West Coast, we had been part of a vibrant and well organized county-wide community of foster and fost-adopt families.

# Before we connected with Thrive, we felt very isolated and homesick for people who could understand our experiences.

We were also struggling to find our child the support she needed; as new folks in town, we were finding ourselves at the bottom of long wait lists despite our immediate need.

Attending the Thrive support group organized through RHI is helping us to build a new community for ourselves here. This connection to other families who understand our reality is really important. As fost-adopt parents, we have a lot of challenges on our plates that other people often cannot relate to or understand. It can be hard to find support, especially when a primary need is to honor our child's need for privacy. Importantly, it isn't all sad, hard stuff; often we need a place where people understand the unique joys and victories our family has as well. Thrive has been great for us to connect to parents who "get it," a place where we can be real and have our stories witnessed in a community, as well as give our child safe access to a fun space with peers who have some shared experiences; a place where she isn't "the odd one out.

It is a great relief knowing that moving forward we have a pool of wisdom and resources to tap into when we or our child need support. Thank you for your generous support of Reclaimed Hope Initiative!





### HOLD ON TO HOPE

It's an exciting time for Reclaimed Hope Initiative as we continue to grow and adapt, remaining always motivated, proactive and intentional. Our organization is confronting a time of many changes and we're meeting these changes during a time of larger nation-wide and global change. We're transforming the way we operate to continuously improve our ability to meet the needs of the families we serve, and we as a team have continued to move forward despite the challenges of the last year.

Reclaimed Hope Initiative aims to further our services to foster, adoptive and special needs families by providing rest/respite services to parents in these demographics while concurrently offering a trauma-informed, medically equipped onsite camp for children through The Farm and Camp Carol.

The Farm will allow rest/respite for families in order to limit the diagnosis of secondary traumatic stress or burnout in caregivers; improving quality of life and minimizing the need for extraneous medical care to meet basic human needs. Camp Carol will allow children from trauma and children with disabilities the ability to build new friendships with other children of a similar background, stay active, learn new skills, promote teamwork and improve their self-confidence, social skills, emotional regulation, and sense of belonging.





# HOPE FOR THE FUTURE

Reclaimed Hope Initiative began with a bold promise: 100% of public donations would bring rest and support to foster, adoptive and special needs families. From day one, we've relied on generous donors to fund our operating expenses. It hasn't been easy, but it's an approach we believe in deeply. And after our first two years of operation we hope our commitment to keeping that original promise inspires support from passionate donors, enthusiastic fundraisers, long-standing partners, and loyal volunteers—a community that believes, as we do, that empathy changes everything.

With that said, we need your help! Families walking through trauma and hardship desperately need others to link arms with them and offer support. One of the brightest outcomes of healing individual trauma is a whole, vibrant community--a condition that benefits every member of that community.





By supporting Reclaimed Hope Initiative, you both contribute to and benefit from this healing process. Because not a single one of us should have to walk alone.

FOR \$25 /MONTH
you can provide weekly meals to a family of five.

FOR \$50 /MONTH

you can provide racial mentorship for a
child who has been adopted into a
transracial family

FOR \$75 / MONTH

you can provide therapeutic counseling

for a parent walking through hardship

FOR \$100 /MONTH
you can provide attendance to Camp
Hope for a child with mental or
behavioral health needs

FOR \$200 /MONTH
you can provide respite care for a
family walking through mental or
physical health crisis with their child.





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